

Creelman Bake Shop	Serving Size	Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Fibre (g)	Sugar (g)	Protein (g)
Loaves											
Apple Spice	1 slice (215g)	650	27	16	1.5	160	480	94	3	56	9
Banana	1 slice (210g)	580	19	4	0	90	670	94	3	53	11
Banana Chocolate Chip	1 slice (245g)	710	26	7	0	100	730	114	3	67	12
Carrot	1 slice (190g)	650	34	3	0.5	95	640	80	2	52	8
Lemon Raspberry	1 slice (230g)	710	38	7	0.5	115	780	80	1	40	12
Rhubarb	1 slice (210g)	590	22	2.5	0	95	420	94	2	58	8
Zucchini	1 slice (210g)	730	35	3	0.5	80	610	96	2	57	10