

SNAP

STUDENT NUTRITION AWARENESS PROGRAM

Run by 2 Senior Applied Human Nutrition Students

SNAP's Goals:

- Encourage students to develop positive eating habits
- Promote healthier food choices

What we do:

- Provide current & reliable food & nutrition information for students
- Displays in all the dining halls
- Fun events, games & presentations
- Healthy eating tips
- Money-saving Fruit & Breakfast Cards
- SNAP-Approved dinners



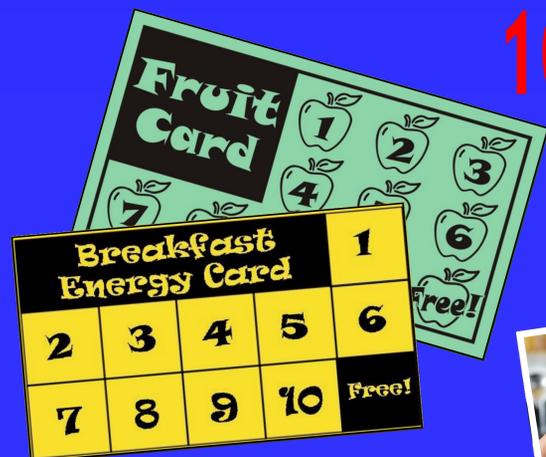
Save money with SNAP!

- Get a stamp on your *Breakfast Card* when you buy 2 breakfast items from 7:30 am-11 am!
- Get a stamp on your *Fruit Card* when you buy whole fruit or fruit from the salad bar!
- Ask any cashier for one TODAY!

10 Stamps=FREE Food!



#snapyourmeal



SNAP Your Meal!

- Email OR use #snapyourmeal to send SNAP a picture of your nutritious & delicious meal on campus!
- You could WIN a \$25 Gift Card!



EMAIL: snap@uoguelph.ca



SNAPUofGuelph



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SNAP at U of Guelph