Taco Tuesday
Ancho Spiced Chicken
Mushroom Taco
Ancho Bean Chili

Pasta available daily at
Mom's Kitchen or Nature's Best

Baked Cheese Ravioli

OPEN
Monday - Friday

Tim Hortons
7:30am - 5pm

The Grill House
7:30am - 5pm

Nature's Best, Mom's Kitchen,
& Maple Leaf Deli
11am - 2pm

Salad Bar ~ 7:30am - 4pm
Soup Bar ~ 11am - 4pm
Need-a-Pita ~ 11am - 4:30pm

8am - 4pm
11am - 2pm
**Wed. Aug. 22**

**UC Food Court**

- **Nature's Best**
  - Quinoa Cutlet
  - Caribbean Chickpea Burrito

- **MOM's Kitchen**
  - Maple Glazed Ham
  - Chicken Pot Pie

- **Pizza Pizza**
  - Pasta available daily at Mom's Kitchen or Nature's Best
  - Mac N’ Cheese

- **Tim Hortons**
  - 7:30am - 5pm

- **The Grill House**
  - 7:30am - 5pm

- **Nature's Best, Mom's Kitchen, & Maple Leaf Deli**
  - 11am - 2pm

- **Salad Bar**
  - ~ 7:30am - 4pm

- **Soup Bar**
  - ~ 11am - 4pm

- **Need-a-Pita**
  - ~ 11am - 4:30pm

- **Staples**
  - 8am - 4pm

- **Juice**
  - 11am - 2pm

**OPEN**
**Monday - Friday**

- We buy from 75 local Farmers!
Moroccan Lentil Stew
Perogies

Chicken Caesar
Bacon Wrapped Meatloaf

Pasta available daily at Mom's Kitchen or Nature's Best

Chef's Choice Pasta

Nature's Best
vegetarian

Mom's Kitchen

Pasta available daily at Mom's Kitchen or Nature's Best

Chef's Choice Pasta

Tim Hortons
7:30am - 5pm

The Grill House
7:30am - 5pm

Nature's Best, Mom's Kitchen,
& Maple Leaf Deli 11am - 2pm

Salad Bar ~ 7:30am - 4pm
Soup Bar ~ 11am - 4pm
Need-a-Pita ~ 11am - 4:30pm

Starbucks
8am - 4pm

Boost Juice
11am - 2pm

OPEN
Monday - Friday

7:30am - 5pm

11am - 2pm
Eggplant Parmesan (Vegan)

Meatless Meatballs

Fish n’ Chips

Grilled Chicken w. Pineapple Salsa

Pasta available daily at Mom's Kitchen or Nature's Best

Chef’s Choice Pasta