

Deli

Menu Item	FODMAP Ingredients to be Aware of
Soprano	Bread Genoa Salami Capicola Onion
Ham & Mushroom	Bread Mushroom Onion Spicy Mayo
Louisiana Chicken Club	Bread Onion Red Pepper Pesto BBQ Sauce
Cheesy Veggie	Bread Red Onion Artichokes Sundried tomato spread
Smoked Turkey and Mozzarella	Bread Garlic Scape
Chicken Pesto	Bread Basil Pesto Spread Red Onion