SNAP Student Nutrition Awareness Program

Run by 2 Senior Applied Human Nutrition Students

Joy Mackay
Colleen Farrell

SNAP's Goals:
- Encourage students to develop positive eating habits
- Promote healthier food choices

What we do:
- Provide current & reliable food & nutrition information for students
- Displays in all the dining halls
- Fun events, games & presentations
- Healthy eating tips
- Money-saving Fruit & Breakfast Cards
- SNAP-Approved dinners

Save money with SNAP!
- Get a stamp on your Breakfast Card when you buy 2 breakfast items from 7:30 am-11 am!
- Get a stamp on your Fruit Card when you buy whole fruit or fruit from the salad bar!
- Ask any cashier for one TODAY!

10 Stamps=FREE Food!

SNAP Your Meal!
- Email OR use #snapyourmeal to send SNAP a picture of your nutritious & delicious meal on campus!
- You could WIN a $25 Gift Card!

EMAIL: snap@uoguelph.ca Twitter: SNAPUofGuelph Instagram: snapatuofguelph Facebook: SNAP at U of Guelph