

Centre Six Menu

DATE:	Nature's Best-Vegan	Nature's Best	Pasta	Mom's Lunch	Soups
Monday Apr-23	Lentil Stew*GF	Perogies	Mac & Cheese Spaghetti Create Your Own	Hot Beef Sandwich w/gravy Chicken Coconut Curry	Beef Barley V-Multi Bean
Tuesday Apr-24	Thai Butternut Squash*GF	Baked Zucchini Parmesan	Cheese Tortellini Bowtie Create Your Own	Chicken Chasseur Roast Pork	Chicken Tomato Rice V-Minestrone
Wednesday Apr-25	Veg Ginger Stew*GF	Spanakopita	Lasagna Penne Create Your Own	Beef Stroganoff Chicken w/Herbs*GF	New England Clam Chowder V-Vegetable w/Rice
Thursday Apr-26	Stir Fry w/noodles	Veg Paella*GF	Cheese Ravioli Fettucine Create Your Own	Fish Parisienne Roast Turkey*GF	Turkey w/Rice V-Country Harvest
Friday Apr-27	Lentil Potato Stew*GF	Quesadillas	Pasta Primavera Rotini Create Your Own	Butter Chicken*GF Shepherd's Pie*GF	Pork Cabbage Soup V-Tomato Vegetable
Monday Apr-30	Veg w/Tofu in Creole Sauce	Tagine Stew*GF	Penne w/Sundrd Tom Bowtie Create Your Own	Roast Beef*GF Chicken Cacciatore*GF	Chicken Noodle V-White Navy Bean
Tuesday May-01	Tomato Chickpea Curry*GF	Veg Fajita	Pasta w/Veg Spaghetti Create Your Own	Meatloaf Chicken a la King	Italian Wedding Soup V-Carrot Bisque
Wednesday May-02	Spiced Mango w/Lentils*GF	Rosti Potato Pancakes (2)	Lasagna Linguini Create Your Own	Beef Korma*GF Garlic Chicken*GF	German Potato w/Ham V-Tomato Vegetable
Thursday May-03	Veg Bean Chili*GF	Grilled Veg Wrap	Mac & Cheese Rigatoni Create Your Own	Chicken Pot Pie Pork Parmesan	Cream of Corn & Chicken Chowder V-Southwest Black Bean Soup

Friday May-04	Aloo Gobi*GF	Perogies	Pasta Parmiggian Linguini Create Your Own	French Tortiere 1/4 BBQ Chicken	Cream of Mushroom V-Vegetable Soup
Monday May-07	Garden Casserole*GF	Potato Mushroom Goulash	Veg Lasagna Penne Create Your Own	Swiss Steak*GF Chicken Parmesan	Chicken Gumbo V-Irish Barley
Tuesday May 08	Stir Fry w/Noodles	Asparagus Quiche	Rotini Meatball Fettucini Create Your Own	Massaman Beef Curry*GF Tandoori Chicken*GF	Beef Noodle V-Brown Bean Barley
Wednesday May-09	Bean Stew Provencale*GF	Vegetable/Tofu w/Cashew Nut	Tortellini Spaghetti Create Your Own	Chicken Veg Stew*GF Roast Beef*GF	Chorizo & Barley Veg V-Bean w/ 7 Grain
Thursday May-10	Veg Fajita	Garden Casserole w/Cheese*GF	Pasta w/Chicken Bowtie Create Your Own	Beef Pot Pie Baked Ham*GF w/scalloped potato	Cream of Cauliflower V-Tomato Couscous Soup
Friday May-11	Paella*GF	Chimichangas	Manicotti Rotini Create Your Own	Fish Parisienne Shepherd's Pie*GF	Chunky Chili Soup V-Cabbage Borscht
Monday May-14	Veg Chili w/Nachos	Veg Mousaka	Ravioli Linguini Create Your Own	1/4 BBQ Chicken Beef Korma*GF	Beef Minestrone V-Spring Vegetable
Tuesday May-15	Country Style Pot Pie	Mushroom Tart	Pasta Primavera Rigatoni Create Your Own	Penang Chicken Curry*GF Beef Kabobs*GF	Cream of Chunky Chicken V-Thai Coconut Soup